

# Approximate Timeline for Transition



Below is an approximate timeline that can be used for transition-related activities.

## Age 14

- Attend transition nights or programs
- Consider how your son/daughter can attend/participate in IEP meetings
- Help them practice and develop their advocacy skills, including disability awareness and how it impacts them
- Complete the DDA application
- Organize and regularly update a file of the student's school and medical records, benefits, employment/volunteer experiences
- Create social connections that may continue after school
- Apply for Pre-ETS

## Age 16

- Apply for a driver's license or ID through MVA
- Apply to DORS
- Participate in work or volunteer experiences
- If thinking about attending college, identify colleges that provide needed supports, attend college fairs, etc.
- Create a support network
- Begin planning for future needs
  - Special needs trusts
  - Living arrangements
  - Health benefits, including continuing medical insurance benefits
- Help them continue to practice their advocacy skills, including disability disclosure and how it impacts them

## Age 17

- Explore post-secondary education options including work-based opportunities, day programs, college
- Investigate high school transition Programs

## Age 18

- Apply for SSI
- Explore the need for guardianship or other least restrictive options such as supportive decision-making
- Register to vote
- Register for selective service
- This is the age of majority in Maryland which means they can legally make decisions for themselves

## Age 18-21

- Explore employment, transportation, and living options
- Develop a resume of work/volunteer experiences
- Sign a release/request of records form for the school to share necessary information with adult providers
- If eligible for DDA, meet with the Service Coordinator & interview adult service providers
- Develop a schedule to transition into adult services