



Webinar Companion Fact Sheet

Topic: Understanding Health Care Transition for Youth and Young Adults
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[Six Core Elements™ of Health Care Transition 2.0](#)

The Six Core Elements of Health Care Transition 2.0 define the basic components of health care transition support. These components include establishing a policy, tracking progress, administering transition readiness assessments, planning for adult care, transferring, and integrating into an adult practice.

[Questions to Ask Your Child's Doctor About Transitioning to Adult Health Care](#)

Transition Assessment

[Health Care Transition Readiness Assessment for Students with an IEP \(in Spanish\)](#)

This health care transition readiness assessment is intended for students and their family/caregivers to complete as part of IEP transition planning meetings. If a student is unable to fill out this form, the student can complete it with the help of their family/caregiver.

[Health Care Transition Readiness Assessment for Youth with Intellectual/Developmental Disabilities](#)

This document should be completed by youth with intellectual or developmental disabilities who are under the age of 18 years old in order to assess their readiness to transition to an adult health care provider.

[Health Care Transition Readiness Assessment for Parents and Caregivers of Youth with Intellectual Disabilities or Developmental Disabilities](#)

This document should be completed by caregivers of youth with intellectual or developmental disabilities who are under the age of 18 years old in order to assess their youth's readiness to transition to an adult health care provider.



Transition Goals

[Health care transition sample goals for the IEP transition plan](#)

If a student has responded “No” or “I want to learn” to any of the items on the Health Care Transition Readiness Assessment, these sample goals can be used as a guide when creating goals in the IEP transition plan.

Adapted from Got Transition® materials.