

Health Care Transition



Health Care Transition Webinar

https://youtu.be/OJ4xli_xtrs

What is Health Care Transition?

Health Care Transition (HCT) is the process of moving a child to an adult model of health care – with or without a transfer to a new clinician.

Goals of HCT:

- To improve the ability of youth and young adults to manage their own health care and effectively use health services.
- To ensure an organized clinical process in pediatric and adult practices to facilitate HCT preparation, transfer of care, and integration into adult care

What is Supported Decision-Making (SDM)?

SDM is an alternative to guardianship that allows a person to keep their decision-making authority without appointing a substitute decision-maker.

To learn more about SDM in Maryland, please check out our webinar: “[Supported Decision-Making for People with Disabilities](#)” with Megan Rusciano from Disability Rights Maryland!

Helpful Healthcare Transition Websites

National Resource Center for Supported Decision-Making: <http://www.supporteddecisionmaking.org/>

Charting the Life Course: Supported Decision Making: <https://www.lifecoursetools.com/lifecourse-library/exploring-the-life-domains/supported-decision-making/>

Got Transition: <https://www.gottransition.org/>