COVID-19 FYI

Maryland Developmental Disabilities Council
CREATING CHANGE · IMPROVING LIVES

Maryland
DEPARTMENT OF HEALTH

COVID-19 VACCINES *They save lives!*
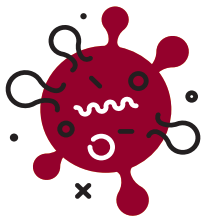
WHAT IS COVID-19?

COVID-19 is a disease. It is also called coronavirus. COVID-19 spreads from person to person. Most people who get COVID-19 get a little sick and get better at home. But other people get very sick. Some people even continue to have health problems after they no longer have COVID-19. People can end up in the hospital and even die from COVID-19. That is why it is very important to get the COVID-19 vaccine (shot).

WHAT IS A VACCINE?

A vaccine is medicine that comes in a shot. Vaccines have been used to fight diseases for a long time. Most of us have had different vaccines. They have kept us from getting sick from diseases like measles and chickenpox. And many of us get a flu shot each year.
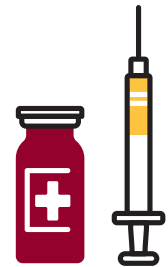
WHAT ARE THE COVID-19 VACCINES?

There are 3 different COVID-19 vaccines in the U.S. They are made by companies called Pfizer, Moderna, and Johnson & Johnson. They all work very well and are free. People who get the shots are much less likely to get COVID-19. If they get COVID-19, the shots keep them from getting very sick, needing hospital care, and dying.

With Pfizer and Moderna you get 2 shots. You must get both shots for the vaccine to work. People should also get a COVID-19 "booster" shot when it's their turn. A booster shot is an extra shot that keeps your body strong against COVID-19. *See the Booster fact sheet for more information.*

ARE COVID-19 VACCINES SAFE?

Yes! They were tested on tens of thousands of people. They had to meet strong safety rules. Millions of people have received COVID-19 vaccines. After getting the vaccine, some people have a sore arm or feel like they have the flu. This usually only lasts a few days. Serious side effects are very unlikely. The benefits of COVID-19 shots are much greater than the risks.

Keep yourself, your family, and your community safe!

WHY SHOULD I GET THE COVID-19 VACCINE?

It is a safe way to protect yourself and others from COVID-19. COVID-19 vaccines save lives.

WHO CAN GET THE VACCINE IN MARYLAND?

Anyone who is 5 years or older can get a COVID-19 shot.

WHERE CAN I GET A VACCINE IN MARYLAND?

You can get COVID-19 shots at pharmacies, doctor's offices, urgent care clinics, and local health departments all over Maryland.

To find where you can get COVID-19 shots near you, go to: **covidvax.maryland.gov**.

WHAT IF I NEED HELP GETTING TO A PLACE WHERE COVID-19 SHOTS ARE GIVEN?

Call-855-MD-GoVAX (855-634-6829), or someone can call for you. The GoVAX Support Center will help figure out what support is available.

TO GET HELP AND MORE INFORMATION

HELP GETTING A VACCINE:
Call the GoVax support center, or have someone call for you: **855-MD-GoVAX (855-634-6829)**

MORE INFORMATION:
Use the QR code below (point your phone's camera at the code square and follow the instructions on your screen), or visit this website: **https://covidlink.maryland.gov/content/vaccine/**

THE LATEST NEWS:

🐦 **Follow @GoVAXMaryland on Twitter.**

Sign up for e-newsletters using the QR code below (point your phone's camera at the code square and follow the instructions on your screen), or visit this website: **https://covidlink.maryland.gov/content/vaccine/govax/**

Keep yourself, your family, and your community safe!