Transition

Supported Decision-Making (SDM): Sharing a Family's Journey

Supplemental Resources

Maryland Specific Resources

- The Parents' Place of Maryland
    - Supported Decision-Making for Youth and Adults with Intellectual and Developmental Disabilities (IDD) Fact Sheets
    - Supported Decision-Making Fact Sheet
    - Self-Determination & Self-Advocacy Fact Sheet
    - Turning 18 in Maryland Fact Sheet
    - Supporting Your Youth's Transition to Life After High School Fact Sheet
    - Tips for Effective Family Involvement in Secondary Transition Fact Sheet
    - Supported Decision-Making Video - Megan Rusciano from the Center for Public Representation discusses all things Supported Decision-Making and alternatives to guardianship.
    - Students: Empower Your Future, Join Your IEP Meeting Fact Sheet
- Maryland Transitions Website and Guide
- Tool to help families plan for steps in transition: Transition to Adulthood Guide
- Disability Rights Maryland
    - Supported Decision-Making Resources (including a sample Supported Decision-Making Agreement from Maryland)
- Maryland Developmental Disabilities Council
    - Supported Decisions Making Fact Sheet (English)
- Maryland Judiciary Alternatives to Guardianship Video Series
    - Part 8 Supported Decision-Making
- Guardianship & Its Alternatives: A Handbook on Maryland Law
- Maryland Department of Education
    - Parent Information Series: Secondary Transition Planning (English)



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October 2025

PPMD's information, resources, and trainings can be made available in languages other than English, including sign language upon request. Please contact us regarding your translation and interpretation needs.

National Resources

- Center for Public Representation
    - CPR's Getting Started with SDM Guide
    - FAQs about SDM
- Center for Youth Voice, Youth Choice
    - Resources for Self-Advocates and Youth
    - Resources for Parents and Families
- Institute for Community Inclusion, UMass Boston, "Guardianship Alternatives and Transfer-of-Rights" (GATOR) Project
    - Brief Issue #1 "Transfer of Rights: How Parents, Families, and Caregivers of Youth with Intellectual and Developmental Disabilities Can Prepare for this Exciting Opportunity,"
    - Brief Issue #2 "Preparing for the Transfer-of-Rights: Taking a Closer Look at Guardianship and its Alternatives"
    - Brief Issue #3 "Turning 18: What Parents & Teachers Need to Know"
- I'm Determined, Critical Decision Points, "Factors that Contribute to Student Success," "Accommodations, Modifications, and Long-Term Goals," and "Self-Determination"
- Stop, Look, and Listen: Planning for Independence and Adult Decision-Making
- The Arc of Northern Virginia's 100 Ways to Use SDM
- Disability Rights Connecticut: Supported Decision-Making & Competitive Integrated Employment
- I DECIDE Georgia: Getting Started with Supported Decision-Making Guide
- Center for Transition to Adult Healthcare for Youth with Disabilities
- Toolkit from the Oregon Office on Disability and Health to provide self-advocates with knowledge and tools
- Got Transition toolkit for families during the transition from pediatric to adult healthcare

Videos

- Parent Perspective on Supported Decision-Making
- Supported Decision-Making: A Family's Perspective
- Disability Rights Texas: Supported Decision-Making Videos