

Supported Decision-Making (SDM): Sharing a Family's Journey Supplemental Resources



Maryland Specific Resources

- [The Parents' Place of Maryland](#)
 - [Supported Decision-Making for Youth and Adults with Intellectual and Developmental Disabilities \(IDD\) Fact Sheets](#)
 - [Supported Decision-Making Fact Sheet](#)
 - [Self-Determination & Self-Advocacy Fact Sheet](#)
 - [Turning 18 in Maryland Fact Sheet](#)
 - [Supporting Your Youth's Transition to Life After High School Fact Sheet](#)
 - [Tips for Effective Family Involvement in Secondary Transition Fact Sheet](#)
 - [Supported Decision-Making Video](#) - Megan Rusciano from the Center for Public Representation discusses all things Supported Decision-Making and alternatives to guardianship.
 - [Students: Empower Your Future, Join Your IEP Meeting Fact Sheet](#)
- Maryland Transitions [Website](#) and [Guide](#)
- Tool to help families plan for steps in transition: [Transition to Adulthood Guide](#)
- Disability Rights Maryland
 - [Supported Decision-Making Resources](#) (including a sample Supported Decision-Making Agreement from Maryland)
- Maryland Developmental Disabilities Council
 - [Supported Decisions Making Fact Sheet](#) (English)
- Maryland Judiciary [Alternatives to Guardianship Video Series](#)
 - Part 8 [Supported Decision-Making](#)
- [Guardianship & Its Alternatives: A Handbook on Maryland Law](#)
- Maryland Department of Education
 - [Parent Information Series: Secondary Transition Planning](#) (English)



National Resources

- [Center for Public Representation](#)
 - CPR's [Getting Started with SDM Guide](#)
 - [FAQs about SDM](#)
- [Center for Youth Voice, Youth Choice](#)
 - [Resources](#) for Self-Advocates and Youth
 - [Resources](#) for Parents and Families
- Institute for Community Inclusion, UMass Boston, "Guardianship Alternatives and Transfer-of-Rights" (GATOR) Project
 - Brief Issue #1 "[Transfer of Rights: How Parents, Families, and Caregivers of Youth with Intellectual and Developmental Disabilities Can Prepare for this Exciting Opportunity,](#)"
 - Brief Issue #2 "[Preparing for the Transfer-of-Rights: Taking a Closer Look at Guardianship and its Alternatives](#)"
 - Brief Issue #3 "[Turning 18: What Parents & Teachers Need to Know](#)"
- I'm Determined, [Critical Decision Points](#), "Factors that Contribute to Student Success," "Accommodations, Modifications, and Long-Term Goals," and "Self-Determination"
- [Stop, Look, and Listen: Planning for Independence and Adult Decision-Making](#)
- The Arc of Northern Virginia's [100 Ways to Use SDM](#)
- Disability Rights Connecticut: [Supported Decision-Making & Competitive Integrated Employment](#)
- I DECIDE Georgia: [Getting Started with Supported Decision-Making Guide](#)
- [Center for Transition to Adult Healthcare for Youth with Disabilities](#)
- [Toolkit](#) from the Oregon Office on Disability and Health to provide self-advocates with knowledge and tools
- [Got Transition toolkit](#) for families during the transition from pediatric to adult healthcare

Videos

- [Parent Perspective on Supported Decision-Making](#)
- [Supported Decision-Making: A Family's Perspective](#)
- [Disability Rights Texas: Supported Decision-Making Videos](#)