

Sexuality and Developmental Disability Resources



- [Sex Ed for Self-Advocates](#) from the Organization for Autism Research
- [Sex Ed for People with IDD \(Plain Language Edition\)](#) from the National Council on Independent Living and Rooted in Rights, with support from the WITH Foundation.
- Reproductive Health Access Project – [Health Understanding of Our Bodies \(HUB\)](#)
- [All About Sex](#) from Family Planning NSW
- [Sexuality for All Abilities](#) – sexuality education curriculum from Mad Hatter Wellness
- [Sexual Self-Advocacy](#) from the Self Advocacy Resource and Technical Assistance Center
- [Sexuality and I/DD](#) from YAI
- [Sex Ed for Individuals with I/DD](#) from the National Council on Independent Living
- [Be Safe: Relationships Social Story](#) from the Autism Services, Education, Resources, and Training Collaborative (ASERT)
- [AMAZE](#) – fun, animated videos to provide young people the answers they actually want to know about puberty, sex, their bodies, and healthy relationships
- [Real Talk](#) – free, accessible sexual health education
- [Supporting LGBTQ+ Young People with Disabilities](#) from The Trevor Project
- [SexEdVA](#) – Disability-inclusive Sexual Health Network (DSHN)
 - SexEdVA [Resources](#)
- [Healthy Sexuality: Resources](#) from the Institute on Disabilities at Temple University
- [Social Stories for Autism & Learning Difficulties](#)
- [Sexual Health Resources](#) from the Oregon Health & Science University Center for Excellence in Developmental Disabilities
- [Period Education Guide](#)
- [Sexuality Education for Students with Disabilities](#) from the Center for Parent Information and Resources
- [Your Daughter's First Gynecology Visit](#) (for Parents) from the Children's Hospital of Orange County
- [The Ride Ahead](#) Film
 - The Ride Ahead [Film Discussion Guide](#)

