Health

Medicaid Changes in 2027

What Families Need to Know

Upcoming Medicaid changes may affect how some Maryland families maintain their health coverage beginning in 2027.

PPMD created this guide to help families understand the upcoming changes, learn about possible exceptions, prepare for renewals, and know where to turn for help.

Who may be affected?

Beginning January 1, 2027, **some adults enrolled in Medicaid may need to meet new federal work requirements**.

✓ Are age 19-64
✓ Are enrolled in Medicaid
✓ Do not live with a child under age 14
✓ Are considered able to work

Additional exemptions may apply.

Who may NOT have to meet the work requirements?

✓ Pregnant or postpartum individuals
✓ Parents or caregivers of children under 14
✓ Caregivers of adults with disabilities
✓ Individuals with Medicare
✓ Individuals meeting SNAP (*Supplemental Nutrition Assistance Program*) work requirements
✓ Individuals with serious physical, mental health, chronic, or complex medical conditions
✓ Others qualifying under federal or state rules

Documentation may be required to verify an exemption.

PPMD • 802 Cromwell Park Drive • Suite H • Glen Burnie MD 21061
Phone 410-768-9100 • Fax 410-768-0830 • ppmd.org/contact • www.ppmd.org

October 2026

PPMD's information, resources, and trainings can be made available in languages other than English, including sign language upon request. Please contact us regarding your translation and interpretation needs.

Important Dates

October 1, 2026

- Changes to Medicaid eligibility for certain noncitizen groups take effect.

January 1, 2027

- Work requirements begin for some adults.
- Some renewals may change from every 12 months to every 6 months.

What can families do NOW?

✓ Update your address, phone number, and email
✓ Open and respond to all Medicaid mail
✓ Keep medical and disability-related records
✓ Gather any documents relevant to redetermination
✓ Track hours in work/school/volunteer training
✓ Learn whether you may qualify for an exemption
✓ Complete renewals on time
✓ Ask for help if you receive a notice you do not understand



Need help?

Maryland Medicaid
1-800-284-4510

Maryland Health Connection
1-855-642-8572

Department of Social Services
1-800-332-6347

PPMD

410-768-9100
PPMD can help families understand Medicaid changes, identify possible exemptions, and connect with resources and support.

Protect Your Medicaid Coverage

Keep your contact information up to date · Open all Medicaid mail · Complete renewals on time · Ask questions when you need help

This guide is for informational purposes only. Medicaid policies and implementation details may change. Refer to official Maryland Medicaid communications for the most current information.

PPMD • 802 Cromwell Park Drive • Suite H • Glen Burnie MD 21061
Phone 410-768-9100 • Fax 410-768-0830 • ppmd.org/contact • www.ppmd.org